



FOLLOW UP TRAINING OF
YOUTH EXCHANGES
YES TO SUSTAINABILITY

LEADER IN ME

Youth workers will come together to EXPLORE how can they step in the role of youth leaders that are guiding and mentoring young people attending youth exchanges. The course is designed to support the beginners in youth work.

ZAVOD VELES, SVINJSKO -
SLOVENIA
8TH TO 16TH AUGUST 2019
(ARRIVAL 8TH, DEPARTURE 16TH)

APPLY HERE

CALL FOR PARTICIPANTS

Leader in me is a 7-day training course which aims to introduce and explore principles of facilitating and leading a group with practical tools and methods that can be used in working with a group of people in daily life or in project time.

Finding a leader in you with observation, acceptance, connection with our self and the group can improve the quality of our days and the work we do.

WHY FINDING A LEADER IN YOU?

Putting yourself in the role of a leader of the group serves you to strengthen your confidence in yourself and in your skills and abilities. At the training, we will create a safe environment to step in the role of leader and to step out of it. To be an observer and to be an actor. To be a learner and a teacher.

ABOUT TRAINING

The training is designed to support the beginners in youth work (youth workers and youth leaders). They will come together to EXPLORE how can they step in the role of youth leaders that are guiding and mentoring young people attending youth exchanges.

We aim to have an overall number of 24 participants from the following countries: France, Italy, Germany, Serbia, Slovenia, Spain, Russia, Turkey and Ukraine.

The participants must be over 18 years and have a communication level of the English language so that they can participate fully in a program that will be in English.

This project is part of YestoSustainability, a group of people organizing different Youth Exchanges and Trainings in Europe to bring young people to ecovillages, sustainable initiatives and rural projects. YestoSustainability is a partner of the NextGEN, youth arm of Global Ecovillage Network of Europe.

THIS TRAINING IS FOR YOU IF YOU...

- were already a participant of a youth exchange or similar event;
- want to explore methods of non-formal education (open space, council, world cafe, nature connection, body work, Dragon Dreaming...);
- want to use and imply learned skills in your work with people as a youth leader in youth exchanges;
- want to discover and accept your inner leader;
- are open to sharing your own skills and learning the skills with others;
- are motivated and willing to commit to work on the objectives of the training course and participate in the whole duration of the project (preparation, training course, follow-up activities).



WHAT WILL YOU BE DOING?

- Gathering specific tools and methods of facilitation from a non-formal field of education;
- sharing your knowledge with others;
- trying yourself in shoes of a facilitator;
- working as an individual and as a group;
- finding your inner leader with supportive methods.

By training your skills of observation, sharing, cooperation, leading in the group you can improve the quality of your actions. We wish to support you in being a leader for youth with developing your skills to be fully present, listen, observe, accept, act, reflect and celebrate by equipping you with holistic experience and tools that you can later on use in your practice.

WORKING METHODS

In the 7 days together, we will talk, act, listen, move, observe, try, try again and succeed. All in random order.

We will be exploring the principles and techniques of various facilitation methodologies. From open space, world coffee, forum, counseling to improvisation, storytelling, solo moment...

We will learn about different tools and techniques that youth leaders can use in Youth Exchanges. We will focus on the implementation phase of the projects and cover issues that youth leaders need to know to work as a team in a Youth Exchange.

The trainers will follow the informal educational process that is supporting individuals to express their leadership in a supportive way for young people and will create a flow with content that will cover the needs of the group.



TRAINERS

LARA KASTELIC is a facilitator and project manager, works with various organizations involved in sustainable lifestyle as Children in Permaculture and Mother Nature. She has experience working with young people in EVS and ESC programs and is part of NextGEN since 2013. She is a trainer of Dragon Dreaming and is passionate about graphic recording.



PETRA JAZBEC lives for 9 years on a social-permaculture farm as one of the founders and co-creates the place.

She is a permaculture teacher, focusing on social aspects, but bringing a holistic way of life in her projects. Facilitating courses, events and activities about community life, project design and sustainability is her passion. She is coordinator and mentor in many youth projects.



VENUE AND TRAVEL

The training will take place in the permaculture farm Veles, in a small village called Svinjsko in Slovenia. There is one family permanently living on the property and has opened doors from March until December for people to join and create on the place with them.

On the farm, you can find elements from the natural building, permaculture farming, social permaculture and social economy which are supporting the family project to grow into a sustainable initiative. It's a permaculture playground where theory is implemented in everyday life. We will be located in a small village surrounded by nature where silence is an important element of it, which we needed to be aware of and respect it.

FOOD

Meals will be vegetarian, and we will try to provide for special diets if necessary. Please write it down in the application form.

ACCOMMODATION

The accommodation will be simple, but pleasant, in a shared room in the half-opened common house or in tents sharing with others. You can bring your sleeping bag with you, but it isn't necessary. You can bring your tent with you if you want more privacy. We will provide mats and extra blankets.

We are using dry, compost toilets and solar showers.

ERASMUS + PROJECT, ACCOMMODATION AND TRAVEL COST COVERED

It is an Erasmus+ project that allows people working with youth to go abroad, to learn foreign languages and cultures, to network, to learn best practices on youth participation and to contribute to a better world with the support of the Erasmus+ program. It provides an opportunity to join meaningful work and experiential learning while costs for food, accommodation and traveling (rate for covered traveling costs depends on the distance) are covered.



TAKE PART!

APPLICATION PROCEDURES AND DEADLINE

If the training course is calling you, please, fill in the APPLICATION FORM.

The deadline for applications submission is 7th June 2019 (included). The selections results will be published until 16th June 2019.

APPLY HERE

CONTACT DETAILS

If you have any questions, we will be happy to answer!

Petra Jazbec: petrajazbec33@gmail.com;
organizer and trainer

Lara Kastelic: lara.kastelic@gmail.com;
trainer

MORE INFO

www.kmetija-veles.si

Fb page of the farm: Kmetija Veles

www.yestosustainability.wordpress.com

NextGEN Europe